

QUEEN CITY ENT ASSOCIATES

11135 Montgomery Road. Cincinnati, Ohio 45249

Ph. 513-793-9600 Fax 513-793-4928

Instructions for Allergy Testing

Three days prior to your allergy test DO NOT TAKE:

Medications

Antihistamines or anything containing an antihistamine

Muscle Relaxers

Tranquilizers

Sedatives

Sleep Medications

Pain Medications

DO NOT TAKE Motrin, Advil, or Ibuprofen 24 hours prior to testing.

YOU MAY take medications such as:

Aspirin

Excedrin

Tylenol

Birth Control

Blood Pressure Pills

Hormones

Fluid Pills

Plain Decongestants (with no added antihistamines)

The test will take 1 ½ to 2 hours. Please wear something short sleeved or sleeveless.

If it is necessary to cancel your test, please notify us 24 hours prior to the appointment. If we are not notified there will be a \$25.00 charge.

Please return this history form as soon as possible so that it may be reviewed before your test. If you have had allergy testing from another doctor, we need the results before testing. Please feel free to call us if you have any questions.

You will need to check with your own insurance company. The cost of the testing ranges between \$650.00 to \$750.00. You will need to pay on office visit co pay at the time of the testing. You are responsible for referrals if required by your insurance company.

Asthma Patients: Testing will not be done if wheezing on the day of the testing. Asthma patients need to bring inhalers on the day of the testing.

If you feel sick or develop an infection or rash before testing, please call our office, we may need to reschedule the test.

Do not do any yard work or cleaning 24 hours before or 24 hours after testing. Do not plan to do any physical activity after the test, such as sports or exercise for 24 hours.

If using EMLA CREAM, apply cream thick to RIGHT arm from the shoulder to elbow, 1 hour prior to test and wrap with saran wrap. We will remove saran wrap and cream in office.

DO NOT take any other injections or immunizations of any kind on the day of the testing. Wait at least 2 days. If already taking allergy injections or inhalant drops, NO injection or drop, 1 week prior to testing.

DRUGS WHICH INTERFERE WITH ALLERGY TESTING

Antihistamines/Decongestant, nose sprays preparations – OMIT 72 hours before

Actifed	Dimetapp	Nyquil
Actifed with codeine cough syrup	Dimetane-DC<DX syrup	Novahistine
Allegra	Dramamine	Optimine
Allegra sinus Comtrex	Drixoval	Ornade
Antivert (Meclizine)	Duravent	PBZ Tabs
Atarax-omit 7 days	Excedrin PM	Pediacare
Axid	Broncholate	Comtrex
Atrohist	Formula 44	Periactin
Beconase nose spray	Histadyl	Phenergan
Benadryl	Hycomine	Phenergan with Codeine
Brethine	Isoclor	Polaramine
Bromfed	Kronofed/Kronofed Jr	Poly-Histine
Bronkosol	Kwelcof	Prednisone
Children's Tylenol Cold	Malex	Primatine
Children's Tylenol Allergy	Livostin eye drops	Pyrabenzimine
Children's Tylenol Flu	Marax	Ritalin
Chlorpheniramine	Marezine	Robitussin

DRUGS WHICH INTERFERE WITH ALLERGY TESTING (CONTINUED)

Chlor-Trimeton	Metoprel	Ru-Tuss
Clistin	Naldecon	Rynatan
Codimal	Nasacrom	Rynatuss
Comhist	Nasalide	Quibron
Decadron	Nalahist	Astelin
Deconamine	Nolamine	Semprex
Demazine	Novafed	Singular
Singlet	Trinalin	Zyrtec-omit 14 days
Lodrane	Tussend	Xyzal-14 days
Slophyllin	Tussionex	
Stelazine 9 (DO NOT stop abruptly)	Tylenol Allergy Sinus	
Sudafed Plus	Tylenol Cold	
Tacaryl	Tylenol Flu	
Tagamet	Tylenol Severe Allergy	
Tavist/Tavist D	Tylenol PM	
Teldrin D	Vancenase	
Temaril	Ventolin	
Theophylline	Vistaril	
Theolair	Zantac	
Triaminic	Sinulin	

Omit Claritin/Claritin D and Clarinex 7-9 days prior to testing

Omit Buspar 7 days prior to testing

Omit Marax 7 days prior to testing

Omit Medrol 7 days prior to testing

Omit Pepcid 7 days prior to testing

Omit Tedral 7 days prior to testing

Omit Imprimine 7 days prior to testing

Omit ALL antacids 7 days prior to testing

Omit ALL allergy eye drops non prescription 7 days prior to testing

Omit ALL appetite suppressants 7 days prior to testing

Omit Mellaril 5 days prior to testing

Omit Celestone 3 weeks prior to testing

Omit Kenalog 3-6 weeks prior to testing

Omit Antihistamine Preparation Hisminal 6 weeks prior to testing

Omit Cortisone 6 weeks prior to testing

Inhalers should be omitted 24 hours before testing (IF POSSIBLE)

Albuterol	Beclovent	Tilade
Aerobid	Breathaire	Tornalate
Aerolate 48 hours	Dexacort	Vanceril
Alupent 48 hours	Flovent	Ventolin
Ambrodyll 48 hours	Intal 48 hours	
Aminophylline 48 hours	Proventil	
Azmacort	Pulmicort	

Nose sprays should be stopped 24 hours prior to testing

Flonase	Nasonex
Rhinocort	Nasacort

The following antidepressants should be omitted 24 hours before testing:

Adapin	Limbitrol	Serax
Amitriptyline	Lithobid	Serzone
Asendin	Lithium	Sinequan 6 weeks
Atarax	Lithonate	Surmontil
Ativan 5 days	Lithotabs	Trancopal
Buspar	Loxitane	Tranxene 6 weeks
Clozaril	Mebaral	Triavil
Desyrel 4 days	Mobane	Trofaril 6 weeks
Depakote	Miltown	Valium
Eskalith	Klonopin	Valrelease
Elavil 6 weeks	Navane	Vistaril 7 days
Etafon	Norpramin	Vavactil
Effexor	Nortriptyline	Wellbutrin
Haldol	Pamelor 6 weeks	Xanax 7 days
Inapsine	Paxil	Zoloft 7 days
Librax	Prozac 7 days	Zyprexa
Libritabs	Remeron	
Lithium	Risperdal	
Lexapro		

Please notify us if you are taking the following medications:

Betaga drops for glaucoma	Lopressor (Metoprol Tartrate)
Betapace (Sotalol HCL)	Normodyne (Labetalol HCL)
Betopic drops for glaucoma	Normozide
Blocarden (Trimolol Maleate)	Sectral (Acebutolol HCL)
Brevibloc Esmolol HCL)	Tenorectic (Atenolol)
Cartrol (Carteolol HCL)	Timolide
Coreg	Timoptic drops for glaucoma
Corgard (Nadolol)	Trandate (Labetalol HCL)
Corzide	Tenormin
Levatol (Penbutol Sulfate)	Visken (Pindolol)
Toprol (Metoprolol Succinate)	Detopic for glaucoma
Zebeta (Bisoprolol Fumarate)	Inderal
Proprandol	Inderide
Ziac (Bisoprolol)	Kerlone (Betaxolol HCL)

Please call our office if you have any questions. 513-793-9600

QUEEN CITY EAR, NOSE & THROAT ASSOCIATES INC.
Ronda S. Bauer Allergy Department